

Student Guide: *Adolescence* Episode 3

■ What You'll Learn

- How characters express feelings through what they say—and don't say.
- What it means to feel powerful, or powerless.
- How we treat others, especially online, and why it matters.
- Why trust is important when opening up about hard topics.

■ Big Questions to Think About

1. What does it mean to be strong?

How do Jamie and Briony show strength in different ways?

2. Why do we need people we can trust?

Can Briony and Jamie really trust each other?

3. What does social media say about us?

How did Instagram and texting affect Jamie and Katie's story?

4. What do we believe about ourselves?

Jamie calls himself 'ugly.' How do our thoughts about ourselves shape our actions?

5. What happens when someone gets left out?

Why does feeling left out hurt so much?

■ Writing Ideas

- Write a letter to Jamie. What would you say to help him feel better?
- Imagine you're Briony. How would you write your final report?
- Write about a time you had a hard conversation. What helped you open up?

■ Quick Fact

The story takes place in a secure centre for teens. It's not quite a prison, but it is very controlled. Briony's job is to talk to Jamie and help the court understand him better.